

More About Us

For many, fighting obesity can be a difficult struggle yet a very important one. Morbid Obesity puts an extraordinary amount of stress on your body, which can lead to serious conditions including:

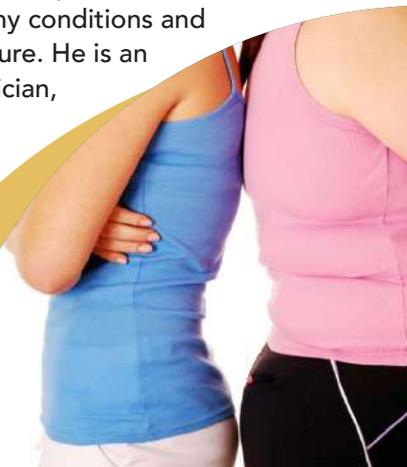
- Diabetes
- High blood pressure
- Sleep Apnea
- Pain and Arthritis in joints
- Reflux disease
- Cancer

Over time, obesity will cause a breakdown of your body's systems. This can lead to a deterioration in your overall health and a decrease in your life expectancy. **Bariatric surgery** is a powerful tool that helps reverse and even prevent the effects of morbid obesity.

Dr. Alibhai and the team at **NOVA** Bariatrics understands their patients' goals in weight loss and treating obesity. They bring forth their experience and expertise to help those patients who have been unable to achieve significant weight loss through diet and modifications and exercise alone. Our team at **NOVA** works with each patient individually to develop the appropriate solution for weight loss and restoration of one's health.

"A NEW LIFE" awaits you!

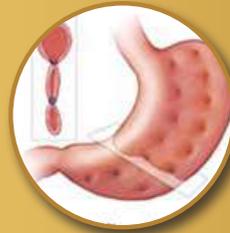
"Two years later, I am still delighted with my outcome. Dr. Alibhai was the model of a patient & considerate physician; he took great pains to explain my conditions and the repair procedure. He is an outstanding physician, one of the most memorable I have had in my 70 years."



Dr. Alibhai's primary interest is enabling obese patients achieve a healthy life through both medical and surgical weight loss. He is well versed in surgical options .



- **Gastric bypass**



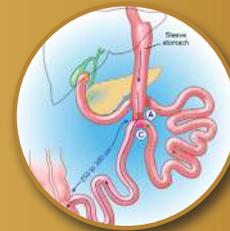
- **Incisionless Bariatric Surgery**



- **Gastric Sleeve**



- **Obalon Balloon**



- **Duodenal Switch**

At NOVA we believe in helping patients make the transition to a healthier lifestyle through sustained weight loss, which is the key to improved health and a higher quality of life for patients and their families.



With Dr. Alibhai's training in **Minimally Invasive and Robotic Surgery** he performs a wide range of **General Surgical Procedures**.

ACID REFLUX – "In December 2018, Dr. Alibhai performed a "paraesophageal hernia repair with fundiplication" on me. I had a huge hiatal hernia that allowed my stomach to move upward, putting a z-bend in my esophagus. I frequently developed food blockages in my throat that took 12-4 hours (that's right) to clear. Steak and hamburgers were on my "do not touch" list. I also had intermittent reflux issues. My return to normalcy was gradual over about 3 months. Two years later, I am still delighted with my outcome; not only is my swallowing function as good as it always has been, but I've had no reflux experience post-surgery. A surprise benefit is that my cardio workouts prove my respiratory function improvement as a result of my stomach no longer crowding my lungs."

HERNIA – Dr. Alibhai provides pioneering techniques that can ensure less pain and faster recovery time than traditional hernia techniques. Even the most complex hernias can be addressed by Dr. Alibhai and his team.

ROBOTIC SURGERY – Dr. Alibhai did his Robotic Fellowship at the UT Houston MIST program which is at the forefront of robotically-assisted surgery. Dr. Alibhai stayed on at UT for the first 2 years of his career to teach other surgeons these advanced techniques. Dr. Alibhai incorporates robotic surgery to the most complex surgical cases thus allowing for better and faster recovery for his patients.



Mustafa H. Alibhai, MD
FACS, FASMBS

Education:

- Bachelor in Science — Southern Methodist University
- Medical School — UT Southwestern
- Residency — UT Southwestern
- Bariatric Fellowship — Bariatric Medical Institute San Antonio
- Robotic Fellowship — McGovern Medical School at UT Health Houston

Dr. Alibhai went on to practice in Houston and served as Assistant Professor of Surgery at McGovern Medical School at UT Health taking an active role in resident and fellow education and research activities. Board certified in surgery, and a Fellow of the American Society of Bariatric and Metabolic Surgeons. He is the founder and president of **NOVA** Bariatrics and Minimally Invasive Surgery and is currently the Medical Director of Bariatrics at Medical City Las Colinas.

Dr. Alibhai grew up in the heart of west Texas where hospitality is a way of life. He brings this warm and welcoming aspect in caring for his patients. He also enjoys being an active member of his community and spending time with his family.

Contact Us

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General Surgery, Bariatric Surgery,
Advanced Laparoscopic Surgery
and Robotic Surgery.

